

**Organic Whey Protein Isolate**



Our unflavored Organic Whey Protein Isolate is derived from the highest quality sweet dairy whey giving it a very clean creamy flavor. Starting with certified organic, hormone-free, non-GMO, raw milk and utilizing a gentle proprietary extraction process, this undenatured whey isolate delivers highly bioavailable amino acids to support growth, cellular repair, and antioxidant production.

**Suggested Use:**

Mix 5 level tablespoons / 1 oz (28 grams) with 12 ounces of cold water, skim milk or juice and thoroughly mix in a blender, shaker or with a spoon for 20-30 seconds. For best results, consume 1-2 servings daily, with one serving post exercise. Can also be blended into your favorite smoothie.

**Distributed by:**

Z Natural Foods  
5407 N Haverhill Rd. Ste 336  
West Palm Beach, FL 33407  
[www.ZNaturalFoods.com](http://www.ZNaturalFoods.com)

Certified Organic by:  
Baystate Organic Certifiers

Lot#  
Best Before:

**Nutrition Facts**

16 servings per container  
Serving size 1oz (28g)

Amount per serving	
<b>Calories 110</b>	
	% Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 60mg	<b>3%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein</b> 24g	
Vitamin D 0mcg	0%
Calcium 128.8mg	10%
Iron 0.11mg	0%
Potassium 84mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:**

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Allergens: Milk

