

Nature's Plus Source of Life® GOLD Multi-Vitamin Supplement Description

- **Recharge Your Life - Step Up to the Gold!**
- **The Ultimate Multi-Vitamin Supplement with Concentrated Whole Foods**
- **Antioxidant Nutrition ORAC Value 2500**
- **Guaranteed Burst of Energy**
- **With Acai, Resveratrol, Vitamin D3, Vitamin K2, CoQ10 and Over 120 Whole Foods**
- **Gluten Free**
- **Vegetarian**
- **Hypo-Allergenic**

Complete profile of essential vitamins and minerals

Anti-aging, antioxidant powerhouses acai, resveratrol, CoQ10, NAC, MSM, R-lipoic and alpha lipoic acid

Organic Gold Standard Whole Food Complex (guava, holy basil, lemon, amla fruit) standardized naturally occurring essential vitamins

Whole Food PhytoAlgae with standardized spirulina

Organic Mushroom Blend: certified organic blend of mushrooms, including all major types

1000 IU vitamin D3 and 100 mcg vitamin K2

Omega Fatty Acids from chia, spirulina, sunflower seed, black currant, flax and borage

Full Spectrum Probiotic Blend with revolutionary probiotics *S. salivarius* K12 and M18 for complete GI coverage

Free Of

Artificial colors, preservatives, gluten, yeast, wheat, soy and milk.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

90 Tablets

Serving Size: 3 Tablets

Servings per Container: 30

	Amount Per Serving	% Daily Value
Calories	5	
Protein	1 g	*
Vitamin A (as beta carotene; from spirulina and <i>Dunaliella salina</i> : beta carotene, alpha carotene, cryptoxanthin, zeaxanthin, lutein)	15000 IU	300%
Vitamin C (as ascorbic acid; esterified C [ascorbyl palmitate]; naturally occurring from Organic Gold Standard	1010 mg	1,683%
Vitamin D3 (as cholecalciferol)	1000 IU	250%

Vitamin E (as d-alpha tocopheryl succinate)	250 IU	833%
Vitamin K2 (as menaquinone-4, menaquinone-7)	100 mcg	125%
Thiamin (as thiamine HCl; naturally occurring from Organic Gold Standard)	30 mg	2,000%
Riboflavin (as riboflavin; naturally occurring from Organic Gold Standard)	30 mg	1,764%
Niacin (as niacinamide; naturally occurring from Organic Gold Standard)	125 mg	625%
Vitamin B6 (as pyridoxine HCl; naturally occurring from Organic Gold Standard)	30 mg	1,500%
Folic Acid (as folic acid; naturally occurring from Organic Gold Standard)	425 mcg	106%
Vitamin B12 (as cyanocobalamin)	1000 mcg	16,667%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium pantothenate; naturally occurring from Organic Gold Standard)	125 mg	1,250%
Calcium (as organic chelates from <i>Spirulina platensis</i> , <i>Dunaliella salina</i> ; complex)	250 mg	25%
Iodine (from kelp, potassium iodide)	150 mcg	100%
Magnesium (as aminoate complex)	125 mg	31%
Zinc (as aminoate complex, picolinate)	15 mg	100%
Selenium (as aminoate complex)	70 mcg	100%
Copper (chlorophyllin; as aminoate complex)	4.5 mg	225%
Manganese (as aminoate complex)	4 mg	200%

Chromium (as aminoate complex)	120 mcg	100%
Potassium (as aminoate complex; naturally occurring from spirulina)	60 mg	2%
Whole Food PhytoAlgae & Organic Mushroom Blend (Standardized 15% [120 mg] phycocyanins, 0.1% [800 mcg] zeaxanthin, 1% [8 mg] chlorophyll) - Proprietary complex of spirulina, Phenalgin™ (std. polyphenols calc. as phlorotannins), chlorella (broken cell), cryptomonadales, red kelp, brown kelp, ulva, red seaweed (Irish moss), dulse, rockweed; Mushrooms: wood ear, cordyceps, maitake, shitake, oyster mushroom, white wood ear	800 mg	*
Multi Color Food Blend:	725 mg	*
Organic Gold Standard Whole Food Complex Guava (<i>Psidium guajava</i>), holy basil (<i>Ocimum tenuiflorum</i>), lemon, amla (<i>Embllica officinalis</i>) fruit (standardized naturally occurring B complex and vitamin C)		
Energizing and Cleansing Green Whole Food Blend (300 mg) Cooked whole brown rice, spirulina, fructooligosaccharides (FOS), bee pollen, camu-camu (<i>Myrciaria dubia</i> fruit), alfalfa sprout, barley grass juice, beet greens, cabbage, parsley, celery seed, papaya, broccoli, spinach, milk thistle (<i>Silybum marianum</i>) seed, Chinese green tea leaf (decaffeinated), turmeric, Korean ginseng (<i>Panax</i>), astragalus, <i>Echinacea purpurea</i> , thyme, ligustrum berry (<i>Ligustrum lucidum</i>), rice bran		
Strength and Endurance White Whole Food Blend (120 mg) White nectarine, white peach, white fig, date, banana, potato, white pear, white tea, jicama, Jerusalem artichoke, parsnip, turnip, cauliflower, ginger, kohlrabi, shallot, garlic, onion, lemon, oat bran, citrus pectin		
Defense and Repair Yellow Whole Food Blend (115 mg) Carrot, mango, grapefruit, yellow apple, pear,		

honeydew melon, pineapple, yellow squash, golden kiwi, nectarine, yellow watermelon, pumpkin, butternut squash, yellow fig, cantaloupe, yellow beet, rutabaga, tangerine, yellow pepper, marigold flower

Brain Support Blue Whole Food Blend

Black currant extract, lowbush blueberry, blackberry, elderberry, lingonberry extract, scholar tree bud extract, plum, black cherry extract, purple fig, passion fruit, purple kale, rhubarb, purple grape, beet, radicchio, pomegranate extract, purple onion, wolfberry (goji), acai, grape seed extract

Anti-Aging Red Whole Food Blend (65 mg)

Noni, mangosteen, apple, apricot, cranberry, orange, peach, red raspberry, gooseberry, strawberry, tomato, red grape, red wine (alcohol free), black raspberry, bilberry, highbush blueberry, schisandra, fenugreek, watermelon

Amino Acids

510 mg

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(from spirulina, Whole Food PhytoAlgae, chia and mineral aminoates) (isoleucine, histidine, leucine, arginine, lysine, aspartic acid, methionine, serine, cysteine, glutamic acid, threonine, proline, phenylalanine, glycine, tryptophan, alanine, valine, tyrosine, glutamine, aspartate)

Whole Food Omega Fatty Acid Blend

200 mg

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(supplying 85 mg of Omega-3, Omega-9, and other healthful fatty acids) (from chia, spirulina, sunflower seed, black currant, borage and flax)

Enzyme Blend

100 mg

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Bromelain (from pineapple fruit) (80 gelatin digesting units), amylase, lipase, papain (from papaya fruit), betaine HCl (from beet molasses), lactase, protease, cellulase, Activessence® (cellulase, pectinase, hemicellulase and xylanase) (from brown rice fermentation)

Anti-Aging Blend

50 mg

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Alpha-lipoic acid, R-lipoic acid, MSM (methylsulfonylmethane), glutathione, NAC (N-acetyl cysteine), turmeric (std. curcumin), grape (*Vitis vinifera*) seed extract (std. proanthocyanidins)

Trans-Resveratrol (from standardized extracts of <i>Polygonum cuspidatum</i> root, grape seed [<i>Vitis vinifera</i>], red wine concentrate [alcohol-free] [<i>Vitis vinifera</i> fruit])	50 mg	*
Coenzyme Q10 (pharmaceutical grade)	50 mg	*
Inositol	50 mg	*
Bioflavonoids (from <i>Citrus limon</i> exocarp) (active flavonols, flavonones, flavones & naringen 13 mg)	30 mg	*
Whole Food Fiber Complex Apple pectin, arabinogalactan (<i>Larix occidentalis</i>), modified citrus pectin, soluble oat bran, flax	30 mg	*
Choline (as bitartrate)	30 mg	*
Korean Ginseng Root (Panax Ginseng)	25 mg	*
PABA (para-aminobenzoic acid)	25 mg	*
RNA (ribonucleic acid) (from spirulina)	24 mg	*
Quercetin (from <i>Sophora japonica</i> leaf)	10 mg	*
Trace Mineral Complex Soluble prehistoric plant-based minerals and rare earth elements	10 mg	*
DNA (deoxyribonucleic acid) (from spirulina)	8 mg	*
Chlorophyll (from spirulina)	7.5 mg	*
Rutin (from <i>Sophora japonica</i> leaf)	5 mg	*
Hesperidin (from <i>Citrus limon</i> exocarp)	5 mg	*
Carotenoid (from whole foods)	4 mg	*
Lutein (active carotenoid from marigold flower)	3 mg	*

extract)

Eriocitrin (from <i>Citrus limon</i> exocarp)	3 mg	*
Lycopene (active carotenoid from tomato)	2.5 mg	*
Full Spectrum Probiotic Blend 28 million viable cells at time of manufacture - supplying <i>Lactobacillus acidophilus</i> , FOS (fructooligosaccharides), <i>L. plantarum</i> , <i>L. casei</i> , <i>L.</i> <i>bulgaricus</i> , <i>L. brevis</i> , <i>L. rhamnosus</i> , <i>L. lactis</i> , <i>Bifidobacterium lactis</i> , <i>B. bifidum</i> , <i>L. sporogenes</i> (<i>B. coagulans</i>), <i>S. salivarius</i> K12, <i>S. salivarius</i> M18	2 mg	*
Boron (as citrate)	1 mg	*
Octacosanol	200 mcg	*

*Daily value not established.

Other Ingredients: Microcrystalline cellulose, stearic acid, magnesium stearate, silica and pharmaceutical glaze.